



FOOD MENU

VEGETARIAN (V) | VEGAN (VE) | GLUTEN FREE (GF)



TAPAS

£6.50 - CHORIZO CROQUETAS

Croquettes with chorizo, served with aioli

£6.50 - CHORIZO BITES

Mini chorizo sausages coated in honey & sherry vinegar glaze

£4.00 - MARINATED OLIVES

Gordal olives in herb & citrus marinade (V/VE/GF)

£4.00 - PAN CON TOMATE

Seasoned tomato mix on toasted bread (V)

£9.00 - SOBRASSADA MUSSELS

Mussels cooked in Spanish wine with garlic, chorizo, tomatoes, served with sourdough

SMALL PLATES

GAMBAS PIL PIL - £11.50

Red prawns, cherry tomatoes, garlic, chilli & herb oil

FRITTO MISTO - £11.00

Crispy fried calamari, market fish, red prawns, string beans, aioli

SALMON ADOBO - £11.00

Deep fried marinated bites of salmon, aioli & salsa verde

TORTILLA £6.00

Traditional Spanish omelette with potatoes, onions, served with aioli (V)

ADD CHORIZO - +£2.00

ALBONDIGAS - £6.50

Spanish Meatballs with rich tomato sauce & grated Manchego cheese

PATATAS BRAVAS - £6.50

Crispy triple cooked potatoes, bravas sauce, aioli



LARGE PLATES

£13.00 - GARLIC CHICKEN FLATBREAD

Grilled garlic chicken on a flatbread, grilled veg,
bean stew cooked in wine from Rioja, picada
garlic flat bread

£14.00 - GRILLED IBERICO PORK

Grilled Abanico Iberico pork, baby potatoes,
romesco & salsa verde

SIDES

BREAD & ALIOLI - £3.50

Side order of warm bread & aioli (V)

GRILLED VEGETABLES - £5.00

Aubergine, courgette, peppers, red onion,
vinaigrette (V/VE)

BAKED BASQUE CHEESECAKE - £6.00

Traditional. Basque cheesecake with caramelised
top (V)

BONE AND BLOCK

£7.50 - HAM HOCK CROQUETTE

Ham, leek & smoked mozzarella croquette with roast garlic and paprika mayonnaise

£18.00 - STEAK FRITES

Beef dripping fries, garlic butter, watercress (cooking time: minimum 25 minutes for well done)

£12.50 - AGED BURGER

Smoked bacon, gouda cheese, béarnaise sauce, onion jam, dill pickled cucumber

£12.00 - BBQ BEEF BRISKET SANDWICH

Slow cooked beef brisket, house BBQ sauce, celeriac & mustard slaw with crispy shallots

£12.00 - STEAK SANDWICH

Horseradish mayo, caramelised onion, watercress

£7.50 - SEASONAL ICE CREAM SUNDAE

Seasonal sundae with homemade ice cream

220G RIBEYE - £28.00

Aged ribeye steak served with garlic butter, beef dripping fries & watercress salad

1KG T-BONE STEAK (FOR 2) - £60.00

Aged rib of beef, garlic butter, beef dripping fries, watercress (minimum 40 mins cooking time)

TRUFFLE FRIES - £8.00

Served with English pecorino & Truffle and shallot salsa

CHARRED TENDERSTEM BROCCOLI - £7.50

Charred tenderstem, roasted hazelnuts, with a romesco sauce (V)

BEEF DRIPPING FRIES - £5.00

KIDS BURGER & FRIES - £7.00

EXTRAS

£2.80 - Chimichurri sauce (V/VE/GF)

£2.80 - Peppercorn sauce

STICKY TOFFEE PUDDING - £8.00

With toasted hazelnuts, toffee sauce & homemade ice cream

CAHITA

£12.50 - THE CAHITA CUBANO

Grilled pork shoulder and belly, roast ham, house pickle, gouda cheese, mojo mayo and sweet mustard served on a toasted roll

£12.00 - MOJO CHICKEN THIGHS

Grilled chicken thighs, off the bone. With thyme honey and green mojo

£13.00 - PORK RIBS

Grilled pork spare ribs in peach and pineapple jerk barbecue sauce

£12.50 - HALLOUMI KEBAB

Grilled halloumi kebab with courgette and pepper in jerk barbecue sauce (V)

£11.95 - CHICKEN SANDWICH

Grilled mojo chicken thigh, butterhead lettuce, house pickle, chilli garlic mayo on a toasted roll

KING PRAWNS - £13.50

Grilled jumbo king prawns (head and shell on), in garlic and herb butter

FRIED CHICKEN & GRAVY - £9.50

Masa fried chicken with gravy pot & house pickles

CHICKEN CAESAR SALAD - £12.00

Grilled mojo chicken thigh, romaine lettuce, caesar dressing, manchego, croutons

CAESAR SALAD - £6.50

Romaine lettuce, caesar dressing, manchego, croutons (V)

GARLIC & HERB HASH BROWNS - £5.00

Portion of 4 hash browns, garlic & herb seasoning, fresh herbs and grated manchego cheese (V)

CAHITA

£11.95 - FRIED CHICKEN SANDWICH

Masa fried chicken, butterhead lettuce, house pickle, chilli garlic mayo on a toasted roll

£11.50 - HALLOUMI SANDWICH

Grilled halloumi with grilled courgette and pepper, jerk barbecue sauce, pikliz slaw, butterhead lettuce served with mojo mayo (V)

DOUGHNUTS & ICE CREAM - £8.00

Latin buñuelo doughnuts with our signature Mantecado (vanilla) ice cream, honey spiced peanuts, salted caramel (V)
Add an extra scoop of ice cream + £2.00

£4.00 - VANILLA ICE CREAM

2 scoops of our signature Mantecado ice cream (V/GF)

£6.00 - KIDS CHEESE & HAM CUBANO

Cheese and ham cubano toastie. With gouda and cheddar cheese

SWEET POTATO FRIES - £5.50

CAHITA seasoning, sour cream and chilli & coriander dressing (V) (VE option available)

ADD ONS - £2.50

- Mojo Mayo
- Peach Jerk Barbecue
- House Gravy
- Chilli Garlic Mayo
- Pickle Pot

COCONUT ICE CREAM - £4.00

2 scoops of dairy free coconut ice cream (V/VE/GF)

GINGER

KATSU BOWLS

£12.50 - CRISPY CHICKEN KATSU

£12.00 - NAKED CHICKEN KATSU

£12.50 - CRISPY PRAWN KATSU

£10.50 - SWEET POTATO KATSU (V/VE)

All served with sticky rice and pickles

£7.50 - KOREAN CAULIFLOWER BITES

Battered Korean cauliflower bites tossed in spicy Korean sauce with chilli, spring onion & sesame seeds (V/VE)

£5.50 PRAWN CRACKERS

With sweet chilli sauce

£6.00 - KIDS KATSU

Your choice of chicken or sweet potato (V/VE) with all the katsu trimmings

SUSHI HAND ROLLS

CHICKEN KATSU - £7.00

PRAWN KATSU - £7.00

CRISPY HOISIN TOFU - £7.00

Nori rice hand roll with vegetables & chilli mayo

KING PRAWNS - £8.50

Panko breaded king prawns with sweet chilli sauce

CRISPY CHILLI SQUID - £10.50

With sweet chilli mayo

EDAMAME - £5.50

With chilli salt (V/VE/GF)

GINGER

£12.00 - CHICKEN RAMEN

Served in a miso broth with fresh vegetables & ramen noodles with soy bean sauce

£14.50 - BEEF RAMEN

Served in a miso broth with fresh vegetables & ramen noodles

£15.00 - SALMON RAMEN

Served in a miso broth with fresh vegetables & ramen noodles

£11.50 - TOFU RAMEN

Served in a miso broth with fresh vegetables & ramen noodles (V/VG)

£1.00 - SWEET CHILLI MAYO (V/GF)

£1.00 - SOY SAUCE (V/VE/GF)

CRISPY KOREAN CHICKEN BIBIMBAP - £13.50

Served with sticky rice, fresh vegetables & G's chilli sauce

SALMON BIBIMBAP - £15.00

Served with sticky rice, fresh vegetables & G's chilli sauce

NAKED KOREAN CHICKEN BIBIMBAP - £12.50

Served with sticky rice, fresh vegetables & G's chilli sauce (GF option available)

TOFU & MUSHROOM BIBIMBAP - £11.50

Served with sticky rice, fresh vegetables & G's chilli sauce (V/VE)

SWEET CHILLI SAUCE (V/VE/GF) - £1.00

SRIRACHA SAUCE (VE) - £1.00

MOCHI - £6.00

Ice cream filled rice dumplings. Selection of available flavours (V) (VE option available on request)

BIG LOLA'S

TAQUERIA

£11.95 - ROAST CHICKEN TACOS

Portion of 3. Roast chicken guacamole taquero, pickled red cabbage, salsa roja, coriander and lime (GF)

£10.95 - HALLOUMI & CORN TACOS

Portion of 3. With esquites corn salad, coriander, spring onion & lime (V/GF)

£11.95 - BRISKET TACOS

Portion of 3. Slow cooked beef brisket with spring onion crema, pickled red onion, corn crumb (GF)

£2.50 - CHEESE SAUCE POT (V)

ROAST VEGGIE BURRITO BOWL- £12.95

Burrito bowl with spiced roast vegetables, grain salad, black beans, esquites corn salad, pico de gallo, pickled red onions & jalapeños (V/GF) (VE option available)

ROAST CHICKEN BURRITO BOWL-£13.50

Burrito bowl with roast chicken, grain salad, black beans, pico de gallo pickled red onion & jalapeno, esquites corn salad (GF)

£8.95 - CHICKEN WINGS

Chicken wings in chipotle honey, with cream, coriander and spring onion

POT OF HOT SAUCE (V/VE/GF) - £1.50

KIDS BURRITO -£7.50

Roast chicken burrito with tomato rice, cheddar cheese, sour cream

BIG LOLA'S

TAQUERIA

£12.95 - SLOW COOKED BRISKET BURRITO

Slow cooked beef brisket burrito with black beans, Mexican rice, cheddar cheese, sour cream & pico de Gallo

£11.50 - SPICED VEGIE BURRITO

Spiced roast vegetable burrito with black beans, tomato rice, cheddar cheese, sour cream & pico de Gallo (V)

£11.95 - ROAST CHICKEN BURRITO

Roast chicken thigh burrito with black beans, Mexican rice, cheddar cheese, sour cream & pico de Gallo

£7.50 - CHURROS

Rolled in cinnamon sugar, with salted caramel (V)

CHICKEN QUESADILLA - £11.50

Grilled chicken thigh quesadilla, with salsa roja, mixed cheese, coriander & spring onion

3 CHEESE QUESADILLA - £10.50

Mozzarella, cheddar & feta cheese with spring onion and coriander. Served with roast spring onion crema (V)

NACHOS - £11.50

Served with pepper-jack cheese sauce, pickled jalapeños, pico de gallo, salsa verde, salsa roja (V) (VE option available)

ADD GUACAMOLE - £1.50

ADD BRISKET £4.50



PIZZA

£9.00 - MARGHERITA

A classic margherita with tomato sauce, cheese and basil (V)

£11.00 - DOUBLE PEPPERONI

Tomato base with cheese and loaded with pepperoni

£2.00 ADD HOT HONEY AND JALAPENOS

£12.00 - TRUFFLED FUNGHI

Truffle puree, tomato sauce, cheese and mushroom

£12.00 - HAWAIIAN

A classic ham and pineapple pizza

£13.50 - MORTADELLA & BURRATA

A tomato and cheese base topped with mortadella sausage
finished with burrata

£9.00 - MARINARA

Tomato, garlic and oregano (V/VE)

£13.00 - NDUJA & PICKLED CHILLI

Tomato sauce, nduja, sweet pickled red chillies

£12.00 - FROM THE FARM

A sour cream base, spring onion, mushroom and fried potato
drizzle of garlic oil (V)

£13.50 BBQ CHICKEN

Bbq base, cheese, chicken pieces and roasted sweet peppers

PIZZA SIDES

JALAPENO POPPERS - £6.50

Breadcrumbs cheese and jalapeno balls dressed in paprika (V)

POTATO SKINS - £7.00

Crispy potato skins seasoned with paprika salt (V)

KALE SALAD - £3.50

Kale leaves with lemon, olive oil and salt dressed with
parmesan and golden raisins (V)

GARLIC BREAD - £6.50

8 inch pizza base smothered in garlic butter (V)
Add cheese - £1.00

DIPS - £2.00

Hot honey

BBQ

Sour cream and

chive

Buffalo,

Truffle mayo

Aoili

NUTELLA PIZZA - £8.00

pizza base, Nutella and Hazel nuts

BARBINA

PASTA AMORE

PASTA

MENU COMING SOON!

PASTA SIDES

STONE BAKED BREAD & MORTADELLA - £8.00

Home baked bread served with Mortadella sausage and olive oil

BURRATA WITH PISTACHIO - £8.00

Italian Burrata cheese served with pistachio and pomegranate (V)

FRESH TOMATO SALAD - £6.00

An Italian classic tomato salad with olive oil, balsamic and fresh basil (V/VE)

MUSHROOM ARANCINI - £7.00

Fried Italian rice balls with added mushroom, topped with parmesan (V)

PASTA FRITTERS - £7.00

Crispy, deep fried pasta fritters served with lashings of hot honey (V)

BARNACLE

£9.00 - LIVERPOOL' CHEESE RAREBIT

'Liverpool Cheese Co.' gouda, sourdough toast, chives,
pickled shallot, stout syrup

£3.00 - ADD OX CHEEK

£11.50 - CHIMICHURRI PORK BELLY BAO BUN

x2 Spiced peanut, onion crumb, coriander ketchup, pickled
cucumber.

£12.00 - HOI SON DUCK BAO BUN

x2 Hoi sin sauce, spring onion, pickled cucumber, spiced peanut
crumb

£11.00 - MISO MUSHROOM BAO BUN

x2 Spiced peanut & onion crumb, coriander ketchup,
pickled cucumber (V)

£16.00 - BUTTER CHICKEN CURRY

Mild spiced butter curry with marinated chicken, cumin & turmeric
steamed rice and a fresh homemade garlic flatbread

LAMB SHAWARMA KEBAB - £12.00

Roast garlic mayo, dressed mixed leaves, cucumber,
pickled red onion, tomato, mint yoghurt, chilli sauce

HALLOUMI SHAWARMA KEBAB - £12.00

Roast garlic mayo, dressed mixed leaves, cucumber,
pickled red onion, tomato, mint yoghurt, chilli sauce (V)

**ADD EXTRA GARLIC MAYO OR CHILLI SAUCE
OR MINT YOGHURT -£1.50**

FISH AND CHIPS - £14.50

Beer battered Cod with chunky chips, tartar sauce and
mushy peas.

KIDS FISH GOUJONS AND CHIPS - £8.00

Beer battered Cod goujons with chunky chips, tartare sauce and
mushy peas.

TARTARE SAUCE - £1.00

CURRY SAUCE - £3.00

BARNACLE

£12.00 - BAKED CAMEMBERT

Sharer for 2-3 with fig chutney and toasted

£3.00 - ADD NDUJA AND HONEY DRIZZLE

£12.50 - LOADED LAMB SHAWARMA CHIPS

Roast garlic mayo, cucumber, red onion, mint yoghurt, garlic mayo, cucumber, red onion, mint yoghurt

£9.50 - LOADED HALLOUMI SHAWARMA CHIPS

Roast garlic mayo, cucumber, red onion, mint yoghurt, garlic mayo, cucumber, red onion, mint yoghurt

£5.00 - CHUNKY CHIPS (V)

£6.50 - CHOCOLATE MOUSSE WITH COFFEE AND CARAMEL SYRUP

Candied walnuts

CRISPY SRIRACHA POTATOES - £5.50

Fried new potato's tossed in sriracha topped with sour cream, spring onions & crispy onions (V)

CORN SHORT RIBS (V) - £7.00

Husks of corn on the cob served with spiced cajun butter, crispy onions, spring onion (V)

SAUCE POTS - £2.00

GARLIC MAYO

CHILLI SAUCE

MINT YOGHURT

SELECTION OF ICE CREAMS - £6.00

Choose from

Vanilla

Chocolate

Coconut (VE)

BARNACLE

SUNDAY ROASTS

TRADITIONAL ROAST WITH LAMB LEG - £17.00

Served with honey glazed carrots, buttered kale, braised red cabbage, roast potatoes, Yorkshire pudding, gravy

TRADITIONAL ROAST WITH CELERIAC (V) - £15.00

Served with honey glazed carrots, buttered kale, braised red cabbage, roast potatoes, Yorkshire pudding, gravy

EXTRA ROAST POTATOES - £3.50

EXTRA YORKSHIRE PUDDING - £2.00

EXTRA GRAVY - £2.50

MINT SAUCE, DIJON MUSTARD, HORSERADISH, CRANBERRY SAUCE - £1.50