



FOOD MENU

VEGETARIAN (V) | VEGAN (VE) | GLUTEN FREE (GF)



£7.00 - CHORIZO CROQUETAS

Croquettes with chorizo, served with aioli

£6.50 - CHORIZO BITES

Mini chorizo sausages coated in honey & sherry vinegar glaze

£7.00 - ALBONDIGAS

Spanish meatballs with rich tomato sauce & grated Manchego cheese

£4.50 - GORDAL OLIVES

Olive oil & salt (V/VE/GF)

£4.50 - PAN CON TOMATE

Seasoned tomato mix on toasted bread (V)

£7.50 - PATATAS BRAVAS

Crispy triple cooked potatoes, bravas sauce, aioli

£5.50- CHARCUTERIE PLATE

Salchichon de Bellota, Chorizo & Jamon Iberico de Bellota with pickled chillis (GF)

GAMBAS PIL PIL - £11.50

Red prawns, cherry tomatoes, garlic, chilli & herb oil

FRITTO MISTO - £12.00

Crispy fried calamari, market fish, red prawns, string beans, aioli

SALMON ADOBO - £11.00

Deep fried marinated bites of salmon, aioli & salsa verde

TORTILLA £6.00

Traditional Spanish omelette with potatoes, onions, served with aioli (V)

ADD CHORIZO -+£2.00

BREAD & AIOLI - £4.50

Side order of warm bread & aioli (V)

PADRON PEPPERS - £6.50

Fried Galician peppers, Maldon salt (V/VE/GF)



LARGE PLATES

PIRI PIRI CHICKEN WRAP - £13.00

Piri Piri marinated chicken thigh, garlic mayo, pickled guindilla peppers, salad, crispy chickpeas

GRILLED IBERICO PLUMA - £14.00

Mojo verde, crispy potatoes, grilled pointed pepper

GRILLED SEABASS - £14.00

Sobrasada butter beans, picada, crispy sage



BAKED BASQUE CHEESECAKE - £6.00

Traditional. Basque cheesecake with caramelised top (V)

BONE AND BLOCK

£10.00 - CRISPY PORK BELLY

Crispy pork belly, roasted apple puree, minus eight
cider jus and pork scratching

£19.50 - STEAK FRITES

Aged rump steak, garlic butter, beef dripping fries,
watercress

ADD SURF & TURF ROAST GARLIC PRAWNS - £5.00

£12.50 - AGED BURGER

American cheese, burger sauce, sliced onion, dill pickles

ADD BACON - £2.50

£13.00 - BBQ BEEF BRISKET SANDWICH

Slow cooked beef brisket, house BBQ sauce, celeriac &
mustard slaw, crispy shallots

£13.00 - STEAK CIABATTA

Horseradish mayo, onion jam, watercress

DRY AGED 220G RIBEYE - £32.00

Aged 220g ribeye, garlic butter, beef
dripping fries & watercress

1KG T-BONE STEAK (FOR 2) - £70.00

Aged rib of beef, garlic butter, beef dripping fries,
watercress

TRUFFLE FRIES - £8.00

Served with English pecorino & Truffle oil

CHARRED TENDERSTEM BROCCOLI - £8.50

Romesco, toasted hazelnuts, vinaigrette (V)

BEEF DRIPPING FRIES - £5.50

KIDS BURGER & FRIES - £7.50

EXTRAS

£3.00 - Chimichurri sauce (V/VE/GF)

£3.00 - Peppercorn sauce

£8.50 - SEASONAL ICE CREAM SUNDAE

Seasonal sundae with homemade ice cream

STICKY TOFFEE PUDDING - £8.50

With toasted hazelnuts, toffee sauce & clotted
cream

CAHITA

£13.25 - THE CAHITA CUBANO

Grilled pork shoulder and belly, roast ham, house pickle, gouda cheese, mojo mayo and sweet mustard served on a toasted roll

£13.00 - MOJO CHICKEN THIGHS

Grilled chicken thighs, off the bone. With thyme honey and green mojo

£13.95 - PORK RIBS

Grilled pork spare ribs in peach and pineapple jerk barbecue sauce

£13.50 - HALLOUMI KEBAB

Grilled halloumi kebab with courgette and pepper in jerk barbecue sauce (V)

£12.95 - CHICKEN SANDWICH

Grilled mojo chicken thigh, butterhead lettuce, house pickle, chilli garlic mayo on a toasted roll

£4.00 - GRILLED BREAD

2 slices of grilled focaccia (V)

KING PRAWNS - £14.50

Grilled jumbo king prawns (head and shell on), in garlic and herb butter

FRIED CHICKEN & GRAVY - £10.25

Masa fried chicken with gravy pot & house pickles

CHICKEN CAESAR SALAD - £13.00

Grilled mojo chicken thigh, romaine lettuce, caesar dressing, manchego, croutons

HALLOUMI CAESAR SALAD - £13.50

Grilled jerk halloumi, romaine lettuce, caesar dressing, manchego, croutons

CAESAR SALAD - £7.50

Romaine lettuce, caesar dressing, manchego, croutons (V)

GARLIC & HERB HASH BROWNS - £6.00

Portion of 4 hash browns, garlic & herb seasoning, fresh herbs and grated manchego cheese (V)

CAHITA

£12.95 - FRIED CHICKEN SANDWICH

Masa fried chicken, butterhead lettuce, house pickle, chilli garlic mayo on a toasted roll

£12.50 - HALLOUMI SANDWICH

Grilled halloumi with grilled courgette and pepper, jerk barbecue sauce, pikliz slaw, butterhead lettuce served with mojo mayo (V)

DOUGHNUTS & ICE CREAM - £9.00

Latin buñuelo doughnuts with our signature Mantecado (vanilla) ice cream, honey spiced peanuts, salted caramel (V)

ADD AN EXTRA SCOOP OF ICE CREAM + £2.00

£4.50 - VANILLA ICE CREAM

2 scoops of our signature Mantecado ice cream (V/GF)

KIDS CHEESE & HAM CUBANO - £6.50

Cheese and ham cubano toastie. With gouda and cheddar cheese

SWEET POTATO FRIES - £6.00

CAHITA seasoning, sour cream and chilli & coriander dressing (V) (VE option available)

ADD ONS - £3.00

- Mojo Mayo
- Peach Jerk Barbecue
- House Gravy
- Chilli Garlic Mayo
- Pickle Pot

COCONUT ICE CREAM - £4.50

2 scoops of dairy free coconut ice cream (V/VE/GF)

£7.75\£9.75 -DIPPING DOUGHNUTS SHARER

Portion of 6\10 of our homemade bunuelo doughnuts served with pot of hot chocolate caramel sauce

GINGER

KATSU BOWLS

£13.50 - CRISPY CHICKEN KATSU

£13.50 - NAKED CHICKEN KATSU

£13.50 - CRISPY PRAWN KATSU

£11.95 - SWEET POTATO KATSU (V/VE)

All served with sticky rice and pickles

£7.95 - KOREAN CAULIFLOWER BITES

Battered Korean cauliflower bites tossed in spicy Korean sauce with chilli, spring onion & sesame seeds (V/VE)

£5.00 PRAWN CRACKERS

With sweet chilli sauce

£6.00 - KIDS KATSU

Your choice of chicken or sweet potato (V/VE) with all the katsu trimmings

SUSHI HAND ROLLS

CHICKEN KATSU - £7.95

PRAWN KATSU - £7.95

CRISPY HOISIN TOFU - £7.95

Nori rice hand roll with vegetables & chilli mayo

KING PRAWNS - £9.95

Panko breaded king prawns with sweet chilli sauce

SALT & PEPPER CHICKEN - £9.95

Salt & Pepper chicken with onions & peppers, served with Gochujang ketchup

CRISPY CHILLI SQUID - £10.95

With sweet chilli mayo

EDAMAME - £5.95

With chilli salt (V/VE/GF)

GINGER

£13.95 - CHICKEN RAMEN

Served in a miso broth with fresh vegetables & ramen noodles with soy bean sauce

£15.50 - BEEF RAMEN

Served in a miso broth with fresh vegetables & ramen noodles

£16.00 - SALMON RAMEN

Served in a miso broth with fresh vegetables & ramen noodles

£12.95 - TOFU RAMEN

Served in a miso broth with fresh vegetables & ramen noodles (V/VG)

£1.50 - SWEET CHILLI MAYO (V/GF)

£1.50 - SOY SAUCE (V/VE/GF)

CRISPY KOREAN CHICKEN BIBIMBAP - £14.50

Served with sticky rice, fresh vegetables & G's chilli sauce

SALMON BIBIMBAP - £16.00

Served with sticky rice, fresh vegetables & G's chilli sauce

NAKED KOREAN CHICKEN BIBIMBAP - £13.50

Served with sticky rice, fresh vegetables & G's chilli sauce (GF option available)

TOFU & MUSHROOM BIBIMBAP - £12.95

Served with sticky rice, fresh vegetables & G's chilli sauce (V/VE)

SWEET CHILLI SAUCE (V/VE/GF) - £1.50

SRIRACHA SAUCE (VE) - £1.50

MOCHI - £6.95

Ice cream filled rice dumplings. Selection of available flavours (V) (VE option available on request)

BIG LOLA'S

TÁQUERIA

£12.95 - ROAST CHICKEN TACOS

Portion of 3. Roast chicken, guacamole taquero, pickled red cabbage, salsa roja, coriander and lime (GF)

£11.95 - HALLOUMI & CORN TACOS

Portion of 3. With esquites corn salad, coriander, spring onion & lime (V/GF)

£12.95 - SLOW COOKED BEEF BRISKET TACOS

Portion of 3. Slow cooked beef brisket with spring onion crema, pickled red onion, corn crumb (GF)

£3.00 - LOLA'S FAMOUS CHEESE SAUCE POT (V)

ROAST VEGGIE BURRITO BOWL- £13.95

Burrito bowl with spiced roast vegetables, grain salad, black beans, esquites corn salad, pico de gallo, pickled red onions & jalapeños (V/GF) (VE option available)

ADD FRESH HOUSE-MADE GUACAMOLE - £2.50

ROAST CHICKEN BURRITO BOWL- £14.50

Burrito bowl with roast chicken, grain salad, black beans, pico de gallo pickled red onion & jalapeno, esquites corn salad (GF)

ADD FRESH HOUSE-MADE GUACAMOLE - £2.50

CHIPOTLE HONEY CHICKEN WINGS - £9.95

Tender chicken wings in house-made chipotle honey butter topped with sour cream, fresh coriander & spring onion

POT OF HOT SAUCE (V/VE/GF) - £2.00

KIDS BURRITO - £8.50

Roast chicken burrito with tomato rice, cheddar cheese, sour cream, mild salsa

BIG LOLA'S

TÁQUERIA

£13.95 - SLOW COOKED BRISKET BURRITO

Slow cooked beef brisket burrito with black beans, Mexican rice, cheddar cheese, sour cream & pico de Gallo

ADD FRESH HOUSE-MADE GUACAMOLE - £2.50

£12.50 - SPICED VEGGIE BURRITO

Spiced roast vegetable burrito with black beans, tomato rice, cheddar cheese, sour cream & pico de Gallo (V)

ADD FRESH HOUSE-MADE GUACAMOLE - £2.50

£12.95 - ROAST CHICKEN BURRITO

Roast chicken burrito with black beans, Mexican rice, cheddar cheese, sour cream & pico de Gallo

ADD FRESH HOUSE-MADE GUACAMOLE - £2.50

CHICKEN QUESADILLA - £12.50

Grilled chicken thigh quesadilla, with salsa roja, mixed cheese, coriander & spring onion

3 CHEESE QUESADILLA - £11.50

Mozzarella, cheddar & feta cheese with spring onion and coriander. Served with roast spring onion crema (V)

NACHOS - £11.50

Served with pepper-jack cheese sauce, pickled jalapeños, pico de gallo, salsa verde, salsa roja (V) (VE option available)

ADD FRESH HOUSE-MADE GUACAMOLE - £2.50

ADD SLOW COOKED BEEF BRISKET - £4.50

CHOCOLATE CARAMEL CHURROS- £8.50

Hot cinnamon sugar churros served with a warm chocolate caramel sauce for dipping (V)



PIZZA

£9.00 - MARGHERITA

A classic margherita with tomato sauce, cheese and basil (V)

£12.00 - DOUBLE PEPPERONI

Tomato base with cheese and loaded with pepperoni
£2.00 ADD HOT HONEY AND JALAPENOS

£12.00 - TRUFFLED FUNGHI

Truffle puree, tomato sauce, cheese and mushroom

£12.00 - HAWAIIAN

A classic ham and pineapple pizza

£13.50 - MORTADELLA & BURRATA

A tomato and cheese base topped with mortadella sausage
finished with burrata

£9.00 - MARINARA

(no cheese) Tomato, garlic and oregano (V/VE)

£13.00 - NDUJA & PICKLED CHILLI

Tomato sauce, nduja, sweet pickled red chillies

£12.00 - FROM THE FARM

A sour cream base, spring onion, mushroom and fried potato
drizzle of garlic oil (V)

£13.50 BBQ CHICKEN

Bbq base, cheese, chicken pieces and roasted sweet peppers

PIZZA SIDES

JALAPENO POPPERS - £6.50

Breadcrumbs cheese and jalapeno bites dressed in paprika (V)

POTATO SKINS - £6.50

Crispy potato skins seasoned with paprika salt (V)

GARLIC BREAD - £6.50

8 inch pizza base smothered in garlic butter (V)

Add cheese - £1.00

DIPS - £2.00

Hot honey

BBQ

Sour cream and chive

Buffalo

Truffle mayo

Aoili

NUTELLA PIZZA - £8.00

pizza base, Nutella and Hazelnuts

BARBINA

PASTA AMORE

PASTA

MENU COMING SOON!

PASTA SIDES

BURRATA WITH PISTACHIO - £7.50

Italian Burrata cheese served with pistachio and pomegranate (V)

MUSHROOM ARANCINI - 6.00

Fried Italian rice balls with added mushroom, topped with parmesan (V)

PASTA FRITTERS - £6.00

Crispy, deep fried pasta fritters served with lashings of hot honey (V)

BARNACLE

£11.95 - CHICKEN THIGH SHAWARMA SALAD

Shawarma chicken thighs with baby leaf salad, pickled red onions, cucumber, roasted red peppers, caramelised spring onion & fresh mint Finished with avocado & coriander yoghurt (GF)

£12.95 - CHIMICHURRI PORK BELLY BAO BUN

x2 Sticky pork belly buns with spiced peanut & onion crumb, coriander ketchup, pickled cucumber.

£12.95 - HOISIN DUCK BAO BUN

x2 Confit duck buns with hoisin sauce, spring onion, pickled cucumber & spiced peanut crumb

£11.75 - MISO MUSHROOM BAO BUN

x2 Sticky buns with Miso mushroom, spiced peanut & onion crumb, coriander ketchup, pickled cucumber (V)

£9.95 - 'LIVERPOOL' CHEESE RAREBIT

'Liverpool Cheese Co' gouda, sourdough toast, chives, pickled shallot, stout syrup

LAMB SHAWARMA KEBAB - £13.50

Slow cooked lamb with roast garlic mayo, dressed mixed salad, cucumber, pickled red onion, tomato, mint yoghurt & chilli sauce served on flatbread

HALLOUMI SHAWARMA KEBAB - £13.50

Slow cooked Cumbrian halloumi, roast garlic mayo, dressed mixed leaves, cucumber, pickled red onion, tomato, mint yoghurt, chilli sauce, served on flatbread (V)

CHICKEN THIGH SHAWARMA KEBAB - £13.50

Flatbread with chicken, baby leaf, pickled red onions, cucumber, roasted red peppers, caramelised spring onion & fresh mint. Finished with avocado & corander yoghurt

FISH AND CHIPS - £16.50

Beer battered Cod with chunky chips, tartare sauce and mushy peas

ADD LARGE CURRY SAUCE - £3.00

KIDS FISH GOUJONS AND CHIPS - £10.50

Beer battered Cod goujons with chunky chips, tartare sauce and mushy peas

**ADD EXTRA GARLIC MAYO, CHILLI SAUCE OR MINT
YOGHURT TO A DISH - £1.50**

BARNACLE

£12.50 - CHICKEN, HAM & LEEK PIE

Homemade Barnacle pie with proper pastry, served with chunky chips

ADD MUSHY PEAS - £1.50

ADD GRAVY - £2.00

£14.00 - LOADED HALLOUMI SHAWARMA CHIPS

Chips with Cumbrian halloumi, roast garlic mayo, cucumber, red onion, mint yoghurt & cucumber (V)

£14.00 - LOADED LAMB SHAWARMA CHIPS

Chips with slow cooked lamb, roast garlic mayo, cucumber, red onion, mint yoghurt

£14.00 - LOADED CHICKEN THIGH CHIPS

Chips with shawarma chicken thighs, roast garlic mayo, cucumber, red onion, mint yoghurt

£5.25 - CHUNKY CHIPS (V)

£7.25 - 'MOCHA' CHOCOLATE MOUSSE

Smooth chocolate mousse topped with candied hazelnuts & drizzled with coffee caramel syrup

CRISPY SRIRACHA POTATOES - £6.95

Fried new potato's tossed in sriracha topped with sour cream, spring onions & crispy onions (V)

HALLOUMI BITES - £8.50

Sticks of Cumbrian halloumi served with homemade chilli sauce (V)

CORN SHORT RIBS - £6.95

Husks of corn on the cob served with spiced cajun butter, crispy onions, spring onion (V)

SAUCE POTS - £2.00

GARLIC MAYO

CHILLI SAUCE

MINT YOGHURT

SELECTION OF ICE CREAMS - £6.00

Choose from

Vanilla

Chocolate

Coconut (VE)